

# Recommended Reading & References

In our efforts to provide our clients with information applicable to their scope of work, Paracel has compiled the following list of recommended references and reading materials in regards to mould and IAQ investigations for you.

- These guidelines published by the CCA provide extensive information oriented towards the construction industry. It contains information such as remediation, assessment and proper construction methods to minimize mould growth.  
  
Canadian Construction Association (2004). *Mould Guidelines for the Construction Industry*. Retrieved July 18, 2008 from <http://www.cca-acc.com/documents/electronic/cca82/cca82.pdf>
- This document published by CMHC is geared towards residential home owners. It provides basic information on recognizing and solving mould problems.  
  
Canadian Mortgage and Housing Corporation. *Fighting Mold - the Home Owner's Guide*. Retrieved July 18, 2008 from [http://www.cmhcschl.gc.ca/en/co/maho/yohoyohe/momo/momo\\_005.cfm](http://www.cmhcschl.gc.ca/en/co/maho/yohoyohe/momo/momo_005.cfm)
- This book comprehensively covers health effects due to mould exposure. It also discusses sampling strategies, interpretation and common indoor contaminants.  
  
Flannigan, B., R.A. Samson & J.D. Miller (eds.) (2001). *Microorganisms in the Home and Indoor Work Environments - Diversity, Health Impacts, Investigation and Control*. New York: Taylor and Francis.
- Health Canada published this document with the public in mind. Topics covered include the health effects of mould exposure and building investigations.  
  
Health Canada (2004). *Fungal Contamination in Public Buildings: A Guide to Recognition and Management*. Retrieved July 18, 2008 from [http://www.cmhc-schl.gc.ca/en/co/maho/yohoyohe/momo/momo\\_005.cfm](http://www.cmhc-schl.gc.ca/en/co/maho/yohoyohe/momo/momo_005.cfm)
- This indispensable book provides information on health effects, planning investigations, sampling strategies and interpretation.  
  
Hung, L.-L., Miller J. D. and Dillon, H. K., 2nd ed. (2005). *Field Guide for the Determination of Biological Contaminants in Environmental Samples*. Virginia: AIHA.
- The NYC guides were originally developed due to the discovery of mould in several NYC buildings. This document provides information on health effects as well as remediation of mould issues.  
  
*Guidelines on Assessment and Remediation of Fungi in Indoor Environments*. New York City Department of Health (2000).
- This recently released book discusses such topics as health effects of mould exposure, building aspects of mould control, mould ecology of various building materials, sampling strategies and laboratory analyses.  
  
Prezant, B., D.M. Weekes and J.D. Miller (eds.) (2008). *Recognition, Evaluation, and Control of Indoor Mold*. Virginia: AIHA.

# Recommended Reading & References

- This mycology book provides basic information on identification of fungi commonly found in indoor environments.  
Samson, R.A., E.S. Hoekstra and J.C. Frisvad (eds.) 7<sup>th</sup> ed. (2004). *Introduction to Food – and Airborne Fungi*. Netherlands: CBS.
- These guidelines produced by the U.S. Environmental Protection Agency are also geared towards public buildings but also discusses schools. This document provides information on preventing mold growth, remediation and sampling.  
U.S. Environmental Protection Agency (2001). *Mold Remediation in Schools and Commercial Buildings*. Retrieved July 18, 2008 from [http://www.epa.gov/iaq/molds/mold\\_remediation.html](http://www.epa.gov/iaq/molds/mold_remediation.html).
- An IAQ book from a mycologist viewpoint provides information on microscopy, microbial ecology, construction techniques, construction materials and laboratory techniques.  
Yang, S.Y. and P. Heinsohn (eds.) (2007). *Sampling and Analysis of Indoor Microorganisms*. New Jersey: John Wiley & Sons.

The Service Team at Paracel is dedicated to ensuring our Client Service Program meets your needs and expectations. If there is anything additional we can implement to our Program which will improve your interactions with Paracel, please don't hesitate to bring it to our attention. The Service Team at Paracel is also fully committed to continuous improvement and providing complete solutions to our clients in respect to their analytical requirements. If you have any questions in regards to this document or your sampling program, please don't hesitate to contact Paracel's Service Team at 1-800-749-1947 or by email at [paracel@paracellabs.com](mailto:paracel@paracellabs.com).